Name It! Claim It! Aim It!

The top five themes on your CliftonStrengths 34 report are your most dominant themes of talent. These five themes influence how you interact with the world and the people in it.

<table>
<thead>
<tr>
<th>Name It!</th>
<th>Claim It!</th>
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<tbody>
<tr>
<td>Make your Signature Themes your own. Identify what this theme means to you.</td>
<td>Appreciate the unique power and value you have and bring to others.</td>
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<table>
<thead>
<tr>
<th>Aim It!</th>
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<tr>
<td>Flex your talents. Intentionally practice using and developing this set of talents.</td>
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To use the information in your report to enhance your personal development, apply these steps to each of your top five themes.

**First, Name It!**

This is the first step in making sense of your Signature Themes report. As you read your report, think about whether the theme description genuinely describes you.

**For each of your top five themes, ask yourself:**

*What words or phrases in this theme description strongly resonate with me?*
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Next, Claim It!

Begin to claim your talents by remembering times in the past that they contributed to your success. Consider how each theme helped you make things happen and how you applied it to your relationships.

For each of your top five themes, ask yourself:

When did this theme help me be successful in the past?

How does this theme help me be successful in my role?

Then, Aim It!

After naming and claiming your talents, start using them intentionally. Exercise your talents to help you focus on specific action items to achieve a goal.

For each of your top five themes, ask yourself:

In what two ways could I start using this theme more intentionally tomorrow?

To help you get started, read the action items for this theme that appear in your report.
Additional Ways to Help You Name, Claim and Aim Your Signature Themes

• Share your Signature Themes report (top five) with five people you are close to. Ask them to tell you specifically how they see you use your top five themes. Ask them the following questions, and write down what they say:
  - What was your initial reaction to my report?
  - Which theme or themes do you see most in me? Can you give me an example?
  - What do you see as my greatest strength?
  - Does anything on my report surprise you? Why?

• Share your Signature Themes report (top five) with your coworkers. Tell them you want to discuss how you could better work with them using your strengths to help them succeed in their roles. Set up individual meetings with your colleagues to discuss your report with each of them.

• Consider your talents as you prepare your to-do list for the week. For each task, think about how you can best use your talents to accomplish it. Also, consider the skills and knowledge you can add to your talents to build strength.

• Take a few moments each day to consider how your understanding of your strengths could help you appreciate others’ strengths. Then, choose one person in your life and send him or her a brief note mentioning how you have witnessed his or her strengths in action.