

Redeeming Your CliftonStrengths Code

- **Access Code:**
  - Enter your 1-time access code at: https://my.gallup.com/_Home/RedeemAccessCode and click Continue.
- **Gallup Access:**
  - Follow the on-screen prompts to create your Gallup Access account.
  - Return to the Gallup Access webpage or download the Mobile App to access customized reports, videos, modules, articles, and action steps to help you develop.
- Click "**Create Account**" to complete the CliftonStrengths assessment. *Set aside 30 - 45 mins.*
- **Assessment Language:**
  - The CliftonStrengths assessment is offered in 25 languages.
  - When you create your account, there will be an option to select the language you want to take the assessment in.
- **Assessment Timing:**
  - Set aside uninterrupted time (*30 - 45 minutes*) to complete the assessment.
  - The assessment questions are timed. The timer is designed to encourage participants to select their *first instincts* rather than *over-think* the questions.
  - **NOTE**: It is possible to have the timer element removed if that is needed by contacting the **Gallup's Customer Service** at (888) 486-9104.
- **Assessment Statements:**
  - In the CliftonStrengths assessment (*formerly StrengthsFinder*), you will be given a series of 2 statements and asked to select which one is most descriptive of you.
  - Refrain from selecting the midpoint or "neutral" option too many times or there will not be enough data to provide you with accurate results.
- **Assessment Results:**
  - Upon completion, you will receive an email with your top 5 out of 34 talent themes (see the Strengths Quick Reference Guide for descriptions of each).
  - Gallup defines a talent theme as "a natural, recurring pattern of thought, feeling, or behavior" that can productively be applied".
- **Strengths Coaching:** Schedule Strengths Coaching from Gallup Certified CliftonStrengths Coach, Dr. Shauna T. Sobers, at: https://calendly.com/drstsobers/strengths

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